



301 W. MAIN ST
FRISCO, CO
970-668-5535

GRAB-N-GO AVAILABLE ALL DAY!

**All Sandwiches are served with daily
Fresh Fruit or Pickle Spear!**

ALPINE DELI SANDWICH CLASSICS

Soup and Sandwich: Any Cold Half Sandwich and a Small Cup of our Homemade Soup \$6.99

Hummus and Roasted Red Pepper: Alpine's Traditional Hummus, Cucumber, Tomato, Spinach, Sprouts and Roasted Red Bell Peppers on Sourdough \$7.49

Alpine Veggie: Pesto and Roma Spreads, Cucumber, Tomato, Red Onion, Pepperoncinis, Spinach, Sprouts and Provolone Cheese on a Toasted Whole Grain Bread \$7.49

Frisco's Best Vegan BLT: Veggie Bacon, Lettuce and Tomato with Vegenaise on Toasted Sourdough \$7.99

Bella's Black Bean Hummus: Local made Hummus comes in Original, Jalapeno, or Garlic. Served with Spinach, Sprouts, Cucumber, and Roasted Red Bell Peppers on Whole Wheat Bread \$7.49

Turkey BLT: Warm Turkey Bacon, Lettuce, Tomato, and Mayo on Sourdough \$7.99

Frisco Turkey: Turkey, Cheddar Cheese, Spinach, Roasted Red Peppers and Agave Mustard dressing on Whole Grain Bread \$7.99

Southwest Ham: Smoked Ham, Avocado, Red Onion, Lettuce, Tomato, Mayo \$8.49

Turkey Avocado: Turkey, Fresh Avocado, Lettuce, Tomato, and Mayo on Sourdough \$8.49

Turkey Cranberry: Warm Turkey, Cranberry Sauce, Lettuce, and Tomato on Whole Grain Bread \$7.99

Alpine Turkey: Turkey, Lettuce, Tomato, and Mayo on Toasted Sour Dough \$7.49

Alpine Ham & Cheese: Smoked Ham, Lettuce, Tomato, Mayo, with your choice of Cheese on Whole Wheat Bread \$7.49

Chicken Almond Salad: Alpine's Chicken Salad, Lettuce, Tomato, and Mayo on Whole Grain Bread \$7.99

Tuna Salad: Alpine's Tuna Salad, Lettuce, Tomato, and Mayo on Whole Grain \$7.99

HOT OFF THE PANINI PRESS

Hot Ham: Smoked Ham, Red Onion, Cheddar Cheese, and Agave Mustard dressing on a Soft Roll \$8.99

Marinated Tofu: Extra Firm Tofu with Provolone, Red Onion, Spinach, Tomato, Pesto and Roma Spread on Toasted Sourdough \$8.99

Alpine Meatloaf Sandwich: Homemade Stuffed Turkey Meatloaf, Provolone, Ketchup on Toasted Light Rye \$9.99

Turkey Parmesan Sandwich: Oven Roasted Turkey, Mozzarella Cheese, with Pesto and Roma Spread on a Soft Roll \$8.99

Turkey Rueben: Oven Roasted Turkey, Sauerkraut, Swiss Cheese and Thousand Island dressing on Toasted Rye Bread \$8.99

Caprese Panini: Fresh Basil Pesto Spread, Tomato, Mozzarella Cheese, S&P and Balsamic Vinaigrette on a Soft Roll \$8.59

Tuna Melt: Alpine's Tuna Salad, Spinach, Mayo, with your choice of Cheese on Sourdough \$8.99



GARDEN FRESH SALAD

Garden Salad: Always changin' it up! Our Fresh Salads vary week to week. Call to see what is available, or call ahead to order something simple with our house-made dressing's. \$8.49/LB

FOR THE KIDDIES

Half Sandwich on Whole Grain Bread, with choice of Alpine Applesauce or Pickle Spear \$3.49

Lil Turkey: Turkey, Mayo, Lettuce and Tomato

Lil Ham: Smoked Ham, Cheddar, Lettuce, and Mayo

Grilled Cheese: Warm Melty Cheddar Cheese

PB&J: Natural Peanut Butter and Real Fruit Jelly

SMOOTHIES

16 oz \$5.49

Strawberry Milkshake: Strawberries, Banana, Milk or Soymilk

Funky Monkey: Chocolate Syrup, Banana, Hazelnut, Milk or Soymilk

Raw Energizer: Mango, Pineapple, Peach & Orange Juice.

Pina Peached Colada: Peach, Pineapple, Coconut Milk.

Banana Berry Fusion: Banana, Raspberry, Blueberry Strawberry, Milk or Soy Milk.

Create Your Own: Choice of 3 Fruits or Berries; and Juice, Milk or Yogurt.

Add Protein Powder for \$1.00

JUICES

12oz \$4.75, 16oz \$5.75

Orange Juice: Fresh Squeezed Organic Oranges

Grapefruit Juice: Fresh Squeezed Organic Grapefruits

Lind-Z-C: Grapefruit, Orange, Lemon, Ginger

Harvest Spice: Ginger, Carrot, Alpine Cider

Peak Sunset: Beet, Apple, Carrot

Sun Splash: Ginger, Apple, Lemon

Beta Bomb Detox: Apple, Carrot, Beet, Lemon

Groovy Juice: Lemon, Apple, Celery

Irie Blend: Spinach, Cucumber, Celery, Carrot

Green Lantern: Spinach, Cucumber, Celery, Green Apple, Ginger

Incredible Hulk: Wheatgrass, Cucumber, Carrot, Apple, Lemon

Extras: Protein Powder-\$1.00, Spirulina-\$1.00, Shot of Wheatgrass-\$1.99

Dessert

-Vegan G.F. Ginger Pecan Cookies

-Vegan G.F. Peanut Butter Cookies

-Vegan G.F. Oatmeal Raisin Cookies

-Chocolate Chip Cookies

-Vegan Chocolate Cake (call for availability)

-Carrot Cake (call for availability)

-And MORE! Ask about our other goodies including Gluten Free, Vegan, or Conventional Options!

Soup

Hot Soups are always available – call for daily soup list.

Catering also available.

Call 970-668-5535 To discuss options!

DELIVERY PRICING*

Frisco: \$20 with a minimum purchase of \$100

The Vail and Eagle County Area: \$50 with a \$200 minimum purchase

Breckenridge, Silverthorne and Dillon Areas: \$30 with a minimum purchase of \$100

*Orders may include grocery items as well

...Or call ahead and dine IN! We have indoor and outdoor seating!



At **ALPINE MARKET AND DELI**, we use the freshest, most natural ingredients and organic wherever possible!

We use only Free-Range, Vegetarian-Fed Chicken Eggs; and Natural Dairy Products and Natural Meats.

Our Tofu, Tempeh and other Soy products are Always Organic and Non-GMO.

Nothing artificial; No corn syrup or partially-hydrogenated anything!

Most of the ingredients we use come right out of our produce department and from the shelves here in the store.